



KINDNESS SUMMIT

KINDNESS IN ACTION

2026



One Kind
Act a Day

A project by



Semnani
Family Foundation



WELCOME MESSAGE

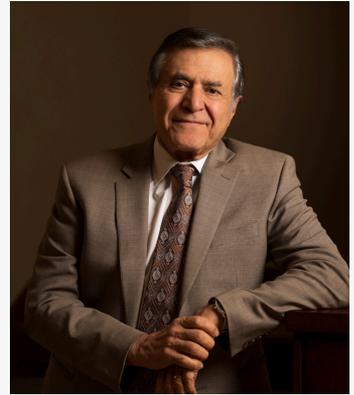
Welcome to the 2026 Kindness Summit. It is always an honor to see so many good friends and collaborators join together to celebrate kindness at this inspiring event we do for the public benefit.

The theme this year is “Kindness in Action” and action has always been at the heart of what we do. It is even right there in the name: One Kind **ACT** a Day. We don’t just want people to think about kindness or to talk about it. We want to inspire people and empower them towards ACTION.

We see this around us all the time — in the great athletes, in the great surgeons, in the great musicians, and in the great craftsmen. And, yes, in the great entrepreneurs, politicians, and priests. They don’t just push the boundaries of what is possible, they expand our perception and consciousness, the very idea of what it means to be human, and thus, our collective promise and potential as a species.

I ask you, as you participate here today, listen to wonderful speakers, discuss thoughts with other guests, to please commit yourself to translate this into greater action and carry that commitment out into the world around you. As you do, the ripple effect will spread in marvelous ways that you may never know.

All it takes is one kind act a day.



Khosrow B. Semnani

One Kind Act a Day: Founder
Semnani Family Foundation: President

COMMIT TO KINDNESS

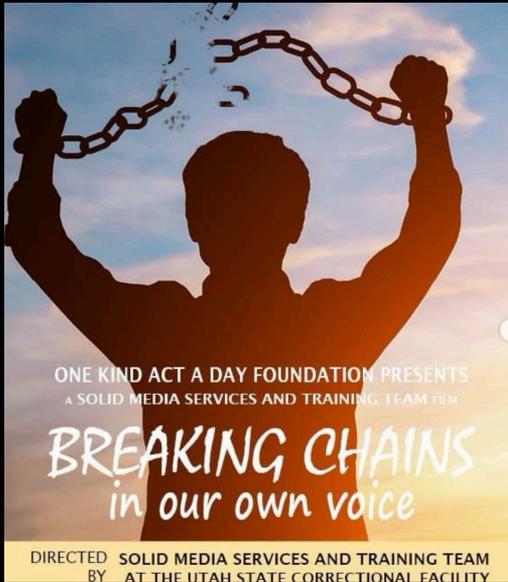


Take the Pledge

Take the pledge of kindness to be part of a positive change. It's simple, free, and impactful. Together, we can create a ripple effect of compassion and make a difference!



BREAKING CHAINS: IN OUR OWN VOICE



AWARDS



A project by One Kind Act a Day and the Utah Department of Corrections. Telling stories of transformation in an award-winning documentary made by inmates at the Utah State Correctional Facility. In their own words and voice.

There will be a public showing on **April 11 at 7pm** at the Utah Film Center. **Please scan the code below to reserve your spot!**



JOIN OUR COMMUNITIES OF KINDNESS

Partner with One Kind Act a Day to certify your business, school, or city as one of our Communities of Kindness!



What We Offer

One Kind Act a Day adapts to your organization's goals and culture. Combining our research and experience with your insight, we implement proven initiatives and create strategies that help strengthen a culture of kindness.

All it Costs is Kindness

Thanks to the Semnani Family Foundation we are a fully funded 501(c)(3). This gives us the unique opportunity to offer our programs at no cost. We believe kindness should be accessible to everyone, so we provide resources such as signs, posters, and other materials to help you spread kindness throughout your organization. All we ask in return is that you help share kindness.

Benefits of Kindness

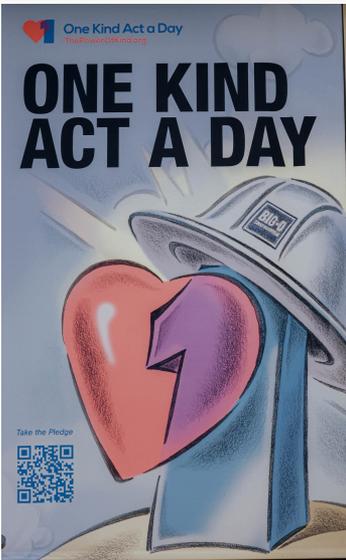
A kindness initiative can help create a more positive and supportive culture within your organization, benefiting employees, customers, citizens, and students. In businesses, it can increase productivity and collaboration. In schools, it supports learning and belonging. In cities, it strengthens connection and civic pride.



COBRANDING KINDNESS



Kindness is a powerful message, and we'd love your help in spreading it. We're happy to collaborate with your team to co-brand and share a meaningful message of kindness.



SPEAKERS



Jason Perry - Master of Ceremonies

Jason Perry is Vice President for Government Relations at the University of Utah and Director of the Hinckley Institute of Politics. With more than 25 years of public service experience, he has worked closely with leaders at the local, state, and federal levels. Jason previously served as Chief of Staff to Governor Gary Herbert and as Executive Director of the Governor's Office of Economic Development, helping shape Utah's economic growth and public policy.



Camille Johnson

Camille N. Johnson serves as the 18th Relief Society General President of The Church of Jesus Christ of Latter-day Saints. A lawyer for more than 30 years, she previously served as the Church's Primary General President. President Johnson earned degrees in English and Law from the University of Utah and has devoted her life to service, leadership, and faith.



Prison Panel

Five justice-impacted individuals currently residing at the Utah State Correctional Facility will share their experiences in One Kind Act a Day's "Kindness Matters" class. We will hear stories of how kindness can thrive in a prison setting. This panel will be moderated by Richard Piatt, Utah Department of Corrections Director of Communications and Government Relations.



Scan the QR code to submit a question for the panel discussion.



Curtis Morley

Curtis Morley is a bestselling author, award-winning entrepreneur, and internationally recognized speaker known for his work on emotional intelligence and personal growth. As the founder of Counterfeit Emotions, he teaches how to identify and overcome destructive emotional patterns to live more authentically. A 5-time entrepreneur, he has worked with Fortune 100 companies and now focuses on helping individuals and organizations build connection, resilience, and meaningful transformation.

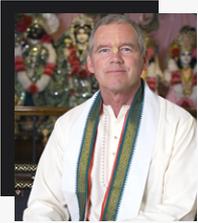


RELIGIOUS PANEL



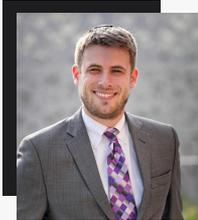
Natalie Gochnour - Moderator

Natalie Gochnour is Associate Dean at the David Eccles School of Business and Director of the Kem C. Gardner Policy Institute, where she leads research shaping Utah's economic and policy decisions. She also serves as Chief Economist for the Salt Lake Chamber. A trusted public voice, columnist, and radio co-host, Natalie is known for making complex issues accessible and for her commitment to strengthening communities through informed, impactful action.



Caru Das Adhikari

Caru Das Adhikari is the founder and president of the Sri Sri Radha Krishna Temple in Spanish Fork, Utah, which he established with his wife, Vaibhavi. A lifelong practitioner and teacher of bhakti yoga, he has served as a temple president in the United States and Australia and has been a guest lecturer on spiritual life since 1970. Caru Das is also known for founding KHQN Radio and helping launch the Festival of Colors, bringing spiritual teachings and community celebration to thousands each year.



Rabbi Samuel L. Spector

Rabbi Samuel L. Spector serves as the rabbi of Congregation Kol Ami in Salt Lake City. A passionate teacher and community leader, Rabbi Spector is dedicated to fostering interfaith understanding, service, and compassion. Through his leadership, he works to build bridges across faith traditions and strengthen communities through dialogue, learning, and acts of kindness.



Bishop Phyllis Spiegel

The Rt. Rev. Phyllis A. Spiegel is the twelfth Bishop of the Episcopal Diocese of Utah, consecrated in 2022. A dedicated pastor and teacher, she is passionate about deepening faith through daily spiritual practice and building compassionate communities. Bishop Spiegel is especially committed to serving those experiencing homelessness and mental illness, working to promote dignity, stability, and hope through thoughtful, community-centered action.





The Very Reverend Christopher Gray

Father Christopher Gray serves as the rector for The Cathedral of the Madeleine. Ordained in 2013 for the Diocese of Salt Lake City, he has served communities across the state and served as the pastor of Park City's St. Mary's from 2018 to 2025. Known for his thoughtful leadership and engaging teaching style, Father Gray is committed to fostering faith, community, and meaningful dialogue through both traditional worship and outreach efforts.



Diane Musho Hamilton

Diane Musho Hamilton is an award-winning mediator, author, and teacher in the Buddhist tradition, known for her work in conflict resolution and compassionate dialogue. A Zen teacher with over 35 years of meditation practice, she integrates spiritual insight with practical tools to help individuals and groups navigate differences. Diane served as the first Director of Alternative Dispute Resolution for the Utah Judiciary and is co-founder of Two Arrows Zen in Salt Lake City.



Elder Derek Miller

Elder Derek Miller serves as an Area Seventy for The Church of Jesus Christ of Latter-day Saints. Derek Miller is also the president and CEO of the Salt Lake Chamber and the Downtown Alliance, where he leads efforts to support Utah's economic growth and business community. He previously served as President of World Trade Center Utah and as Chief of Staff to the Governor of Utah. He is a graduate of Brigham Young University.



ONE OF A KIND



Sasa Karic

Can kindness thrive in a correctional setting? Our experience shows that it can, and few exemplify that kindness more than Captain Sasa Karic. He helped to institute the SOLID (Successful Offenders Learning Individual Development) in the Bear 2 unit which provides a more therapeutic setting for inmates. With a smile on his face and a kind word to his coworkers and justice-impacted individuals, Captain Karic is a beacon of kindness and an example of the good that comes as we are kind to everyone around us and believe in the good in each of us.



Tim Olsen

Tim Olsen works at Summit Global Investments; one of One Kind Act a Day's Certified Businesses of Kindness, where Tim is the One Kind Act a Day Liaison. He not only creates service events and other experiences of kindness, but he epitomizes kindness in everything he does. We all might wonder what our peers, friends, and coworkers say about us behind our backs. For Tim, people can't say enough kind things. His attitude and demeanor towards others help to inspire and life others around him. He is the perfect example of someone quietly creating a kinder world through their everyday acts of kindness.



Ballet West Education

"The task for art to accomplish is to make that feeling of brotherhood and love of one's neighbor...the customary feeling and the instinct of all men." -Leo Tolstoy

Ballet West doesn't just showcase world class ballet in Utah. They are also blessing our local community. Under the direction of Peter Christie, their education and outreach programs reach over 100,000 people every year. With programs helping those with special abilities, encouraging kids to graduate, providing classes for seniors, and even using dance as a therapeutic tool for incarcerated or chemically dependent persons. Ballet West elevates us with their art and their kindness.



Linda Dobbins & Autumn Songer Porter

Over 18 years ago Linda Dobbins lost a son and Autumn Songer Porter lost a father, when Jay Wolfinjir was killed in a senseless act of violence. Many might wonder how we would react in such a situation. For Linda and Autumn, they know.

It took 13 years before Linda was able to even able to read a letter from Fonua Kimoana, who was involved in the crime. This set her and her family on a path that led to them to visit face to face with Fonua in prison. Linda was able to extend forgiveness to Fonua and has become a major advocate for his release back to his own family. Autumn admits her grandmother was ahead of her on the journey of forgiveness as she struggled with the traumatic impact this had on her life. Eventually she found forgiveness and the peace it brought to her personally.



Through this painful journey, many years in the making, they have reached a place of forgiveness while still being able to honor the memory of Jay Wolfinjir. Their example of kindness exceeds what most people could ever imagine and is an example of the good that comes to others and ourselves when we extend the kindness of forgiveness.



2025-2026 CERTIFYING SCHOOLS OF KINDNESS

Becoming a Certified School of Kindness is a year-long initiative designed to help schools intentionally build a culture of kindness. Here are our schools that have completed certification requirements this academic year. If you're interested in having your school become certified, visit our website to find the School Application Form. Applications for the upcoming year are open through **June 26th**.



Orem Elementary

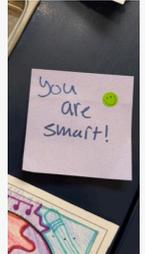


Park Ridge Elementary





Ascent Academy Farmington



Hill Field Elementary



Howard R. Driggs Elementary



COMMUNITY AWARDS



City of South Salt Lake

Certified City of Kindness - March 16, 2026



City of Sandy

Certified City of Kindness - April 10, 2026



Tooele Senior Center

1st Certified Senior Center of Kindness - July 2026



Kindness Summit 2026

Event Program

Breakfast	8:30 AM
Welcome Message: Mason Bennett	9:00 AM
Kindness in Religion Panel	9:20 AM
Break	10:20 AM
One of a Kind Awards	10:30 AM
Curtis Morley	10:45 AM
Kindness in Education: Taylor Randall	11:30 AM
Lunch & Discussion	12:00 PM
Prison Panel	1:00 PM
Breaking Chains Teaser	1:45 PM
One of a Kind Awards	1:50 PM
Break	2:00 PM
President Camille N. Johnson	2:15 PM
Community Awards	3:00 PM
Closing Remarks: Khosrow B. Semnani	3:15 PM

